

Registration & Information @ www.bhnationals.com

RAPID CITY **SPORTS** COMMISSION



2025 Inaugural

Girls Glam Slam

James Kjerstad Event Center . Central States Fair Grounds
915 E. Centre St.. Rapid City, SD

GIRLS ONLY FOLKSTYLE
Inaugural year is limited to the first 500 entries



Friday, October 10th

• Weigh-ins (4pm - 7pm)

Saturday, October 11th

• **Session 1** (8am to Completion estimated 12:30pm): 6U, 10U, 14U

• **Session 2** (Approx 12:30pm - Completion): 8U, 12U, High School, Senior, Masters, Grand Masters

Entry Fees:

- \$40** Early Pre-Registration through www.trackwrestling.com by Oct. 5, 6PM (CST).
- \$60** Online Registration through www.trackwrestling.com available through Oct. 9, 6PM (CST).
- \$80** You may register in person if not at capacity on site Oct. 10 at weigh-ins.

Double bracketing allowed for additional entry fee.

Pre-Registration is recommended but not required.

All Pre-Registration will be handled through www.trackwrestling.com.

Once on Track Wrestling go to Black Hills Nationals Girls Glam Slam.

http://www.trackwrestling.com/registration/TW_Register.jsp?tournamentGroupId=268750132

HOTEL LISTING AND DISCOUNTS: Visit www.bhnationals.com.

No refunds on entry fees • Age division is determined by wrestler's age on the day of tournament. For age divisions and weight classes please visit our website @ www.bhnationals.com.

Wrestlers and Coaches must have an AAU Card. Please visit www.aausports.org.

"2026 AAU NON-ATHLETE MEMBERSHIP (coaches) and ADULT MEMBERSHIP is NO LONGER INSTANT." Join us in protecting America's youth by taking the next logical step with background screening for all. This is a benefit of your Non-Athlete and Adult Membership and is included in your membership fee.

Please Apply Early!

Non-Athlete and Adult Memberships cannot be sold on-site.

Competition from other states that you won't see again!

Medals will be awarded for 1st - 6th place.

Team Awards will be awarded for 1st - 3rd place.

Top 10 placers per team.

All participants wrestle on the entire mat.

All participants wrestle their actual age the day of the tournament.

All participants must be registered by Oct. 5th, 10pm (CST) to have their name appear on the tournament t-shirt.

October is breast cancer awareness month, in partnership with Monument Health a portion of the proceeds go to the Cancer Care Institute of Rapid City.

• This event is licensed by the AAU Amateur Athletic Union of U.S. Inc. • All participants must have an AAU membership.

• AAU membership may not be included as part of the entry fee to this event. • AAU membership must be obtained before the competition begins, except where the event coordinator has a laptop available with an Internet connection. Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.